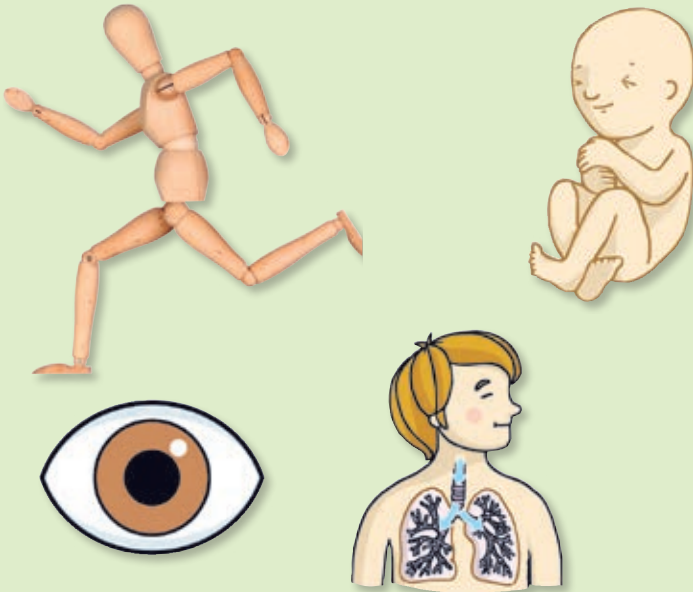


My body

Objectives

In this unit you will learn about...



Experiment time!

Use your
body parts!



1.  Look, listen and do.

2. Trace and match.

feet



hands





3. Look and say *hands* or *feet*.



Parts of my body

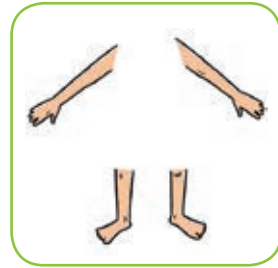
1.  Listen and point. Then trace.



head



torso



limbs

2. Trace and read.

My arms and legs are limbs.

3.  Listen and number.

hand



arm



head



1

neck



leg



foot



4.  Listen and touch your joints. Then listen and match.

1 shoulder

2 elbow

3 wrist



4 hip

5 knee

6 ankle

5.  Think... Tick the joints in your arm.



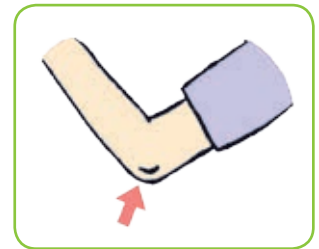
ankle



wrist



knee



elbow

6.  Do! Move your joints!

My body has different parts.
They are connected by joints.

Experiment time!

QUESTION

Can you do it?



HYPOTHESIS

What do you think you can do? Circle the word.

I think I can move a ball with my:



foot



hand



nose

I think I can catch a ball with my:



feet



hands



nose

I think I can pick up a ball with my:



feet



hands



nose

TEST YOUR HYPOTHESIS

MATERIALS

- a soft ball

STEPS

Try. Then tick.

Move a ball with your:



foot



hand



nose

Catch a ball with your:



feet



hands



nose

Pick up a ball with your:



feet



hands



nose

RESULTS AND CONCLUSIONS

Which body parts are best? Circle.



foot



hand



nose



DON'T FORGET TO WATCH THE VIDEO!

What's this?

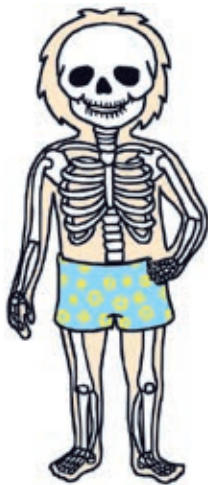


My bones and muscles

1. Which ones have a skeleton? Circle.



2. Look and match.



head



leg

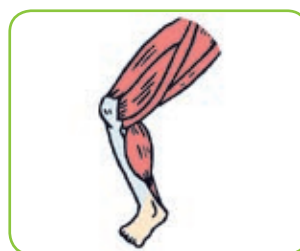
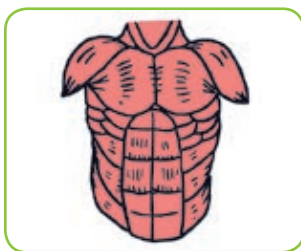
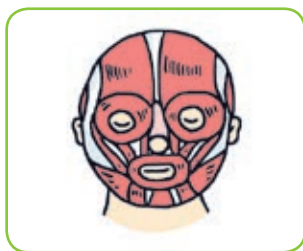


torso



3.   Listen and say the chant.

4.  Listen and match.



5.  Create Look and colour the muscles **red** and the bones **yellow**.



My skeleton protects my body. My bones and muscles help me move. They help me interact with the world.

My senses

1. Match and say.

smell

see



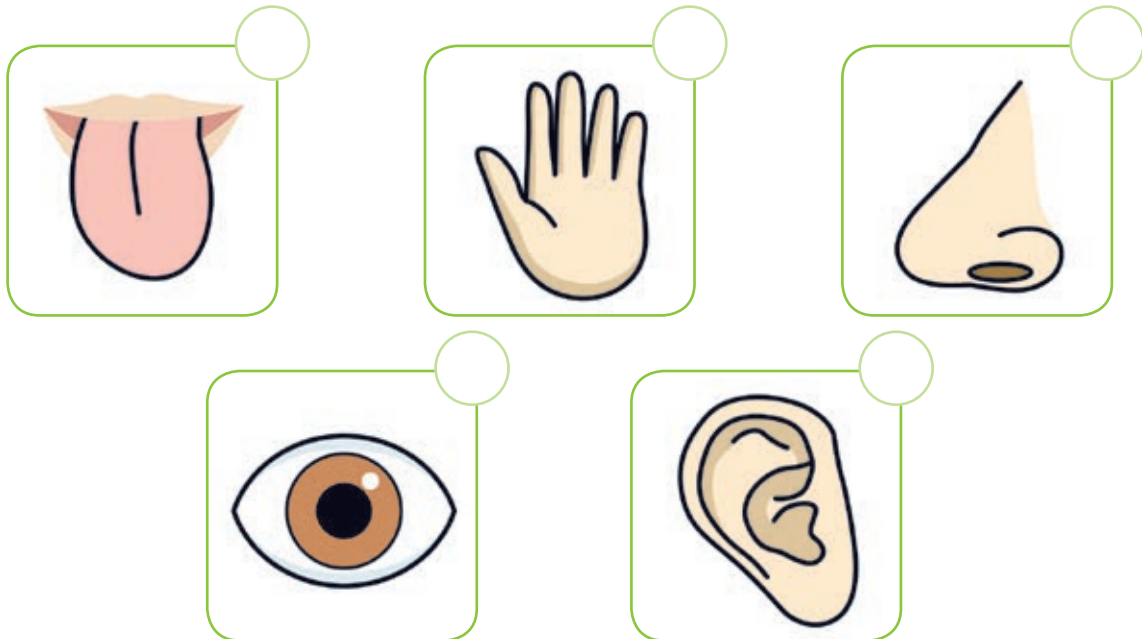
hear

taste

touch

2. Listen and sing the song.

3. Listen again and number.



4. Listen and read the story.

5. Trace and match.

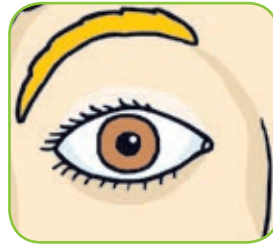
hear

see

touch

smell

taste



touch

see



hear

smell



taste

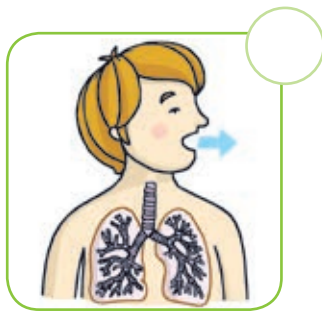
I have five senses. They help me interact with the world.

My respiratory and circulatory systems

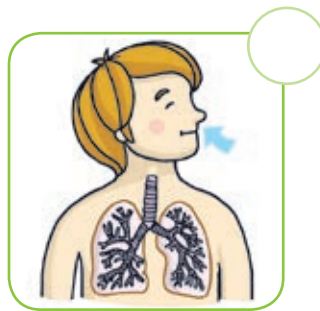
1. Trace and read.

We need oxygen from the air to live.

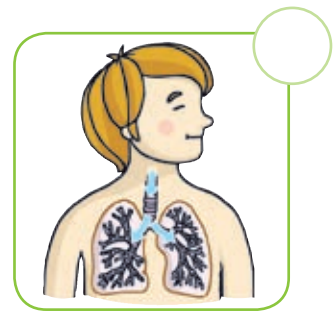
2. Number the pictures.



Air goes out
through our
mouth.



We breathe
air in through
our nose.



Air goes
into our lungs.

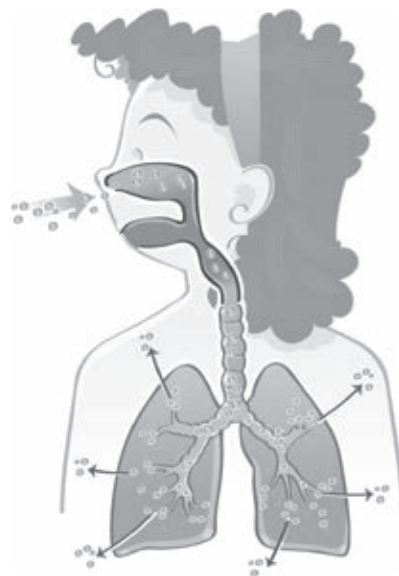
3. Follow the steps in activity 2 to breathe!

4. Match.

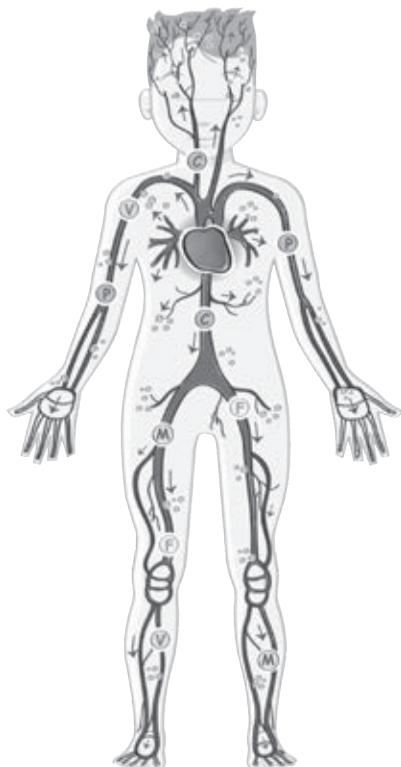
nose

mouth

lungs



5. Trace and match.



heart

blood vessels

6. **Do!** Put your hand on your heart! Can you feel it?

7. Trace and read.

The blood takes oxygen from the air and nutrients from the food we eat around our body.

We need oxygen and food to live.
Our respiratory and circulatory systems are part of nutrition.

What's this?



Life processes and reproduction

1. Read and colour.



nutrition



interaction



reproduction



2. Draw the path the apple follows from the mouth to the toilet. Then circle.



This process is called...

nutrition

interaction

reproduction

3. What will their baby look like? Tick.



4. Are humans oviparous or viviparous? Circle the correct picture.



Oviparous



Viviparous

5. Match.



Humans have three life processes:
nutrition, interaction and reproduction.
Humans are viviparous.

Let's revise!

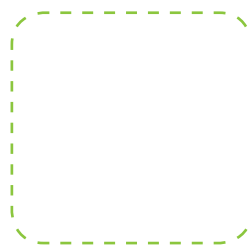
1. Stick.



limbs



torso

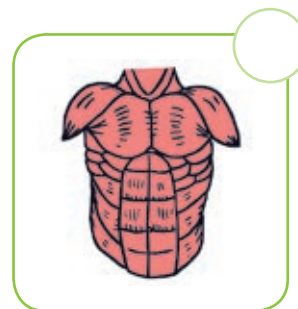
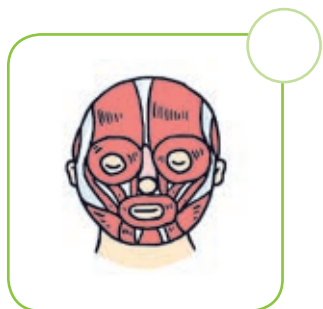
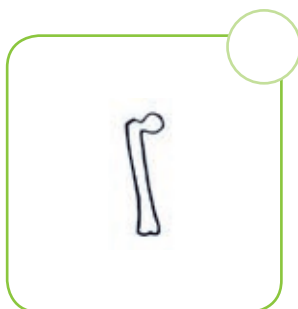
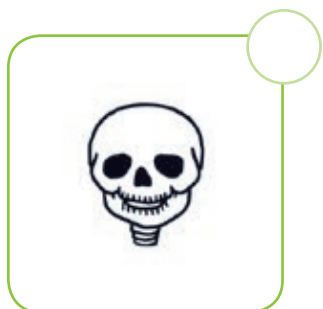


head

2. Circle the joints. Then point and say.



3. Colour the circle **yellow** (bones) or **red** (muscles).



4. Read and circle.

I use *hands* / *feet* to play the guitar.

The wrist is a *muscle* / *joint*.

The knee is a joint in my *arm* / *leg*.

My *muscles* / *teeth* help me move.

5. Read and match.

I use my ears to hear.



I breathe with my lungs.



My circulatory system is part of nutrition.



My work in this unit is...



OK



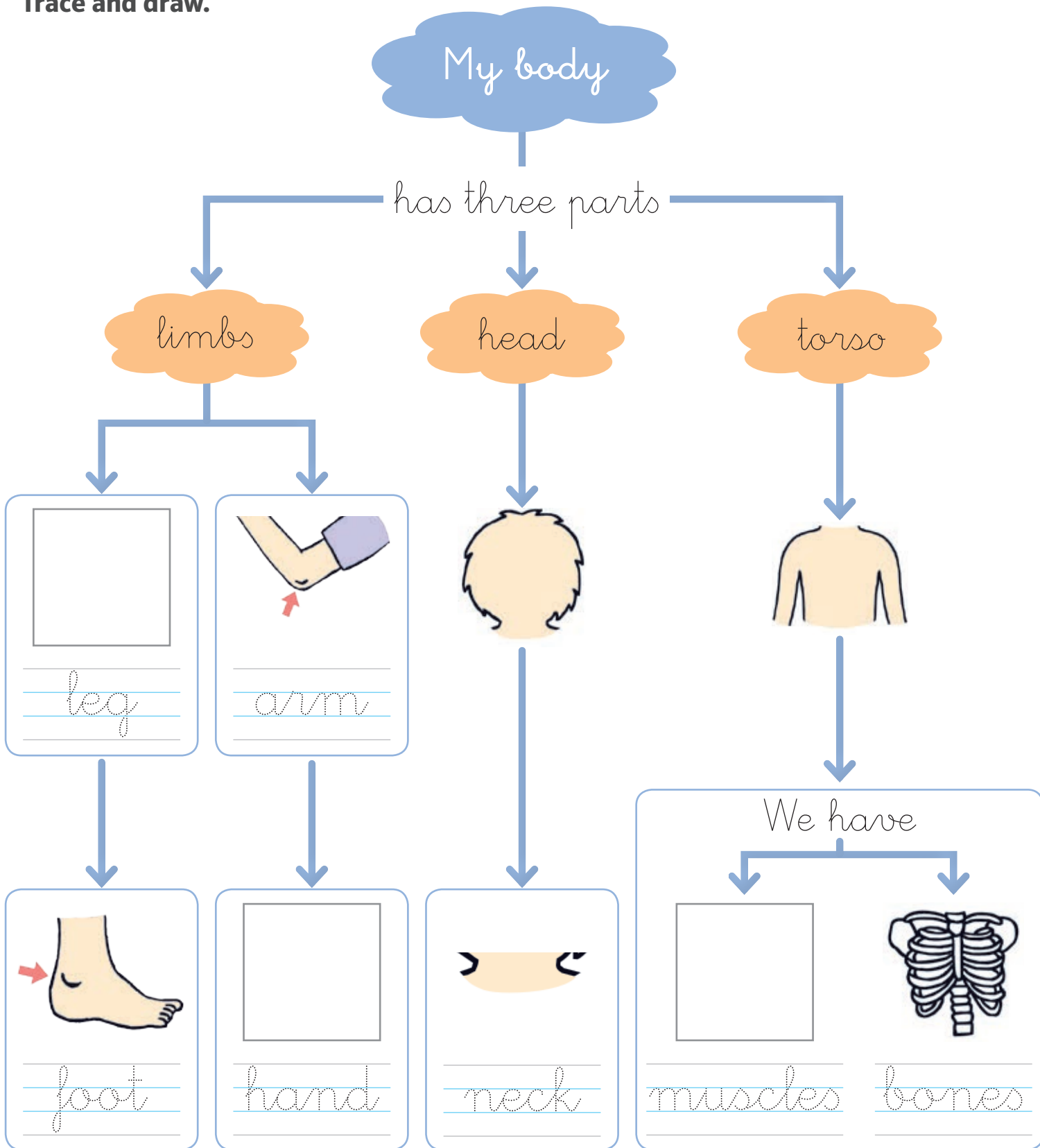
GOOD



EXCELLENT

Study skills!

Trace and draw.



PICTURE DICTIONARY

